Appalachian State University’s Office of Arts and Cultural Programs presents

APPlause!

K-12 Performing Arts Series

Wednesday, March 21, 2018

Banff Mountain Film Festival
World Tour
Student Edition

As an integral part of the Performing Arts Series, APPlause! matinées offer a variety of performances at venues across the Appalachian State University campus that feature university-based artists as well as local, regional and world-renowned professional artists. These affordable performances offer access to a wide variety of art disciplines for K-12 students. The series also offers the opportunity for students from the Reich College of Education to view a field trip in action without having to leave campus. Among the 2017-2018 series performers, you will find those who will also be featured in the Performing Arts Series along with professional artists chosen specifically for our student audience as well as performances by campus groups.
Before the performance...

Familiarize your students with what it means to be a great audience member by introducing these theatre etiquette basics:

• Arrive early enough to find your seats and settle in before the show begins (20-30 minutes).
• Remember to turn your electronic devices OFF so they do not disturb the performers or other audience members.
• Remember to sit appropriately and to stay quiet so that the audience members around you can enjoy the show too.

PLEASE NOTE:

*THIS EVENT IS SCHEDULED TO LAST APPROX 90 MINUTES.

10:00am – 11:30am

• Audience members arriving by car should plan to park in the Rivers Street Parking Deck. There is a small charge for parking. Buses should plan to park along Rivers Street – Please indicate to the Parking and Traffic Officer when you plan to move your bus (i.e. right after the show, or after lunch) so that they can help keep everyone safe.
• Adults meeting a school group at the show will be asked to sign in at the lobby and wait to be escorted to their group by a security guard.

About the films:

The films that were selected for the student showing of the Banff Mountain Film Festival World Tour highlight a variety of themes from adrenalin pumping adventure to thought provoking environmental concerns. They capture the essence of mountain culture throughout the world and will give viewers a virtual tour of the world. The following films have been selected by the staff at Appalachian State University’s Outdoor Programs Department with assistance from the Banff Centre staff. Films are subject to change.
About the Banff Mountain Film Festival World Tour

The Banff Centre, located in Banff, Alberta, Canada, hosts the Banff Mountain Film and Book Festival each fall to celebrate mountain life and culture. Over the course of the nine day festival, several mountain films are screened. Many of those films receive awards and are then made available on the Banff Mountain Film Festival World Tour.

Appalachian State University’s Outdoor Programs has been host for the Banff Mountain Film Festival World Tour for over 20 years. The public screenings have built a reputation for the best mountain adventure, culture and environmental interest films. The Schaefer Center, which holds over 1650 people, is regularly sold out months in advance of the screenings to an enthusiastic mountain community.

This year, through the continuing efforts of Appalachian’s Outdoor Programs, the Banff Mountain Film Festival World Tour is made available to a student audience. We are so glad that you are able to participate!

Outdoor Programs also collaborates with the Turchin Center for the Visual Arts to host the Appalachian Mountain Photography Competition (AMPC). The AMPC is juried right here at Appalachian and the work is on display at the Turchin Center through June 2, 2018. http://tcva.org/exhibitions/1962
The Boone, NC screening is proudly hosted by:

Thank you to our sponsors & supporters for making the film festival possible:

With Support From:
SURF THE LINE
(2016, France, 3 minutes)

Filmmaker: Hello Emotion
Website: www.helloemotion.com

Film Synopsis: For The Flying Frenchies, thinking out of the box isn’t a choice – it’s a way of life.

1. Where in the world can they get ideas like this?

2. What is the role of the person dangling below the surfboard, how is he helping his friend?

3. Everyone looks very excited to jump 600 meters off the line. How are they able to overcome their fears?

DREAMRIDE 2
(2017, USA, 6 minutes)

Filmmaker: Mike Hopkins, Juicy Studios
Website: http://juicystudios.com/

Film Synopsis: Poetic, artistic and inspiring, ride along as we traverse volcanic fields, explore hidden lava caves, and race down rivers of ice.

1. Does this film make you think about poetry in a different way?

2. Have you thought about or composed a short story or poetry based on an activity you love?
SPACE WITHIN
(2017, USA, 6 minutes)

Filmmaker: Frank Pickell, Futuristic Films
Website: www.futuristicfilms.com

Film Synopsis: Imagine your mind wanders from the reality of real life and the space that surrounds you is filled with beautiful, soft, Japanese powder snow.

1. How is the skier navigating the deep snow and narrow trees?
2. How is this landscape a contrast of our own region?

EDGES
(2016, USA, 9 minutes)

Filmmaker: Katie Stjernholm, Balcony Nine Media
Website: http://edgesfilm.com

Film Synopsis: At the ripe old age of 90, Yvonne Dowlen has been ice skating for as long as she can remember. Edges is a celebration of a life lived well.

1. How important to you to stay active everyday?
2. Do you have any hobbies or activities you see yourself pursuing for years to come?
3. What stories could your grandparents share with you about what has been really important to them during their lives?
**LOVED BY ALL: THE STORY OF APA SHERPA**
(2017, Canada, 14 minutes)

Filmmaker: Sherpas Cinema  
Website: https://sherpascinema.com/

Film Synopsis: Apa Sherpa has climbed Mount Everest 21 times, but he wouldn’t wish this upon anybody. Having grown up in the remote Khumbu region of Nepal, Apa was forced to leave school and work as a porter at the age of 12. For Nepal’s rural people, the income earned as a high altitude porter conflicts with the dreams made possible only through education and knowledge.

1. Does seeing schools in Nepal make you think about your own education differently? 

2. What do you think about a world renowned mountaineer encouraging young people in his own country to focus on school instead of the career path that he chose? 

3. What about life in Nepal resonated with you?

**Ascend**
(2017, USA, 6 minutes)

Filmmaker: Simon Perkins, Sharptail Media  
Website: www.sharptailmedia.com

Film Synopsis: As a young adult, Jon Wilson lost his leg to cancer. Mountain biking has played a critical role in helping him sink his teeth back into life.

1. Can you relate to Johns deep spiritual connection to mountain biking? 

2. How can you channel stress into a physical release or into another activity? 

3. Does this make you look at people with disabilities in a different way?
KILIAN  
(2016, Canada, 14 minutes)
Filmmaker: Anthony Bonello, Switchback Entertainment Inc  
Website: www.switchbackentertainment.com  
Film Synopsis: Kilian Jornet is considered the greatest mountain runner ever. But he doesn’t consider himself a runner. Join Kilian in his new backyard in Norway as he attempts to ski and run the Seven Summits of Romsdalen in a single day, a 77 kilometre route with 9,000 metres of elevation gain.

1. How does Kilian make you think about human powered expeditions?

2. Why was it important to be flexible with the weather while on the mountain?

3. How far could you travel on 4 Snicker Bars?

JOHANNA  
(2016, UK, 4 minutes)
Filmmaker: Ian Derry, Archer’s Mark  
Website: http://www.archersmark.co.uk  
Film Synopsis: For freediver Johanna Nordblad diving under the ice provides a surreal, calming environment that helps heal her injuries.

1. How would you describe this film?

2. Does swimming outside come to mind when you think of winter?

3. How would you describe the lead character Johanna to someone you are telling about this film? Why?
**IMAGINATION: TOM WALLISCH**  
(2017, Canada, 5 minutes)

Filmmaker: Sherpas Cinema  
Website: www.sherpascinema.com

Film Synopsis: Have you ever been that little kid sitting in the backseat of your parents’ car, wishing you were somewhere else? So you imagine a skier on the side of the road, your fingers commanding back flips and roof drops, improbable rail slides and huge airs. Well, what if your imagination came to life?

1. What things do you imagine while riding in the car?  
2. Why are the parents unable to see the skiers? How can you keep your imagination active in school?  
3. How much practice do you think it would take to do these stunts safely?

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**INTERSECTION: MICAYLA GATTO**  
(2017, USA, 5 minutes)

Filmmaker: Lacy Kemp, Juicy Studios  
Website: http://juicystudios.com/

Film Synopsis: Mountain biker Micayla Gatto takes the viewer into her world as a painter and as an athlete, riding through beautifully created masterpieces where colours come to life and reality blends with art.

1. What does the quote “sometimes you have to create what you want to be” mean to you? Can you be specific to one or two things you enjoy doing?  
2. When are you purely lost in the moment like Micayla?  
3. Where do you see intersection in your life or in your family’s interests?
After the Screening:

Spend some time thinking about the films you saw today. Which films interested you the most? Why?

Is it worth it for the filmmakers to go to such great efforts to find these places and make these types of films? Why or why not?

What about the films appealed to you? What did not appeal to you? Why?

What are a few images that stand out from the films that you saw?

If you were given the opportunity to travel anywhere in the world to make a film, where would you go and why? What would your film be about?
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The performances are part of the APPlause! Series, presented by Appalachian State University’s Office of Arts and Cultural Programs. Featuring local, regional and world-renowned professional artists, the mission of the program is to share university arts resources with the public, private and home school network across our region. Study guide materials connect every performance to the classroom curriculum. With the help of the university’s College Access Partnership, school groups can enjoy lunch in an on-campus dining facility, take a campus tour, or observe a demonstration by an Appalachian State professor.

For more information, contact:
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